

FY2015 CHNA&HIP Progress Report

Wright County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
#1. Access to dental care for Medicaid and uninsured population in Wright County. Numbers from the Community Needs Survey 2010 for Wright County listed access to dental care as one of the top health issues facing our county. Providers that take Medicaid clients are very limited and only 2 providers in our county per the 2009 Iowa Health Fact Book.	Transportation to out of county providers is expensive and clients lack financial resources or transportation to get there. Our I-Smile coordinator for Wright County is addressing the dental issues and working with the dentists and school nurses. I-Smile coordinator also sees clients at Wright County WIC/MCH clinics 3 days per month.	Our I-Smile coordinator continues to see clients 3 times a month at WIC/MCH clinics in our county and offers oral exams, preventative care education & application of sealants. She also continues to coordinate services & take referrals from local school nurses. We have had 2 of our WIC nurses trained to do basic oral exams & apply dental sealants. Our Spanish interpreter is working with our I-smile coordinator to reach our Hispanic population and help coordinate dental appointments for them and has also gone to some dental appointments to provide translation services. Lack of dental providers that accept Medicaid is still an issue for our county as well as lack of transportation to get to out of town appointments.

GOAL	Strategies	Progress on Strategies
#2. To decrease overweight/obese population of Wright County by 2% by 2015. Lack of physical activity and good nutrition are contributing factors to our overweight/obese population. Currently Wright County shows a prevalence of overweight/obese populations at 71% compared to the State average at 63% (IDPH Data Warehouse information).	1. Monthly Pick a Better Snack at local schools by hospital dietitian to expose children to a new vegetable/fruits/snacks in 2011.	Programs is available at all three schools in community during school year.
	2. Food tasting with samples and recipes for healthy foods at local grocery stores to be offered quarterly and evaluated for effectiveness after each event. Currently, in Clarion, this offering is available, but it will be offered in other communities within the next 2 years.	No longer offering "Cart Smart" or "Food tasting with samples" due to lack of community interest & volunteers.

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	3. Dietitian & diabetic educator to hold pre-diabetes class dealing with lifestyle changes & nutrition in 2011-if well received plan to offer 2 time a year.	Continue to offer 1-2 times a year and per request. According to hospital dietitian & diabetic educator, turn out for event have been low. Seeing an increase in individual counseling.
	4. Healthy nutrition articles by dietician published monthly in local newspapers. Continue through 2015.	Continues monthly in local newspapers.
	5. Farmer's Market offered in local communities in Summer/Fall-plans to continue with and encourage more interest through 2015. Work with providers to accept food stamps for consumers.	Continues as same.
	6. Community Gardens in Clarion and the Children's Garden in Belmond demonstrate how to raise vegetables and use them once harvested. Will work with ISU extension to inform citizens how to use fresh veg/fruits and also canning and freezing techniques.	Continues as same.
	7. Have displays and educational handouts regarding nutrition, healthy snacks, ways to decrease calories, and other health related topics for citizens at the Wright County Fair yearly and at health fairs or community evens at least yearly.	Continues as same.
	8. Offer educational information/handouts on nutrition and healthy lifestyle changes in English & Spanish and posts links on websites at local hospitals and health department.	continues as same. WCHD is utilizing Facebook for educational opportunities.
	9. Partner with local hospital and ISU Extension to offer weight loss programs at reasonable costs for those citizens interested in losing weight and being more physically active. Time frame: by 2012 and continue through 2015.	Continues as same. Local hospital is also offering weight loss programs and surgery with specialist. Some of the larger employees in the county are offering free or lower rates for employees to utilize fitness centers. According to cdc.gov/community health profile for Wright County the percentage of adults who report no leisure time physical activity in Wright County is 26.8, or moderate level compared to other counties in Iowa. The percentage of adults with obesity in Wright County is slightly improved at 25%.

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#3. To increase physical activity and nutrition education opportunities for the citizens of Wright County by offering community education programs and activity opportunities through the county starting in 2011 and continuing until 2015 with annual review. These activities will be tracked by the community pillar at both local hospitals.	1. Community Healthy Walk on Wednesdays for citizens in Clarion in 2010 and included hospital and county employees. This is a 15 minute walk with a leader for the group assigned.	1. No longer in existence. Community has formed a group to work on some 5 k fun runs/walk for Spring of 2015. Wright County Health Department is working with all Wright County employees on healthy and wellness and sponsoring a walking event for Summer of 2015 and currently county employees are encouraged and incentivized to participate in Live Healthy Iowa-a 10 week evidence-based program.